



The Plan for This Week

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

S

[Blank area for Sunday meal plan]

M

[Blank area for Monday meal plan]

T

[Blank area for Tuesday meal plan]

W

[Blank area for Wednesday meal plan]

T

[Blank area for Thursday meal plan]

F

[Blank area for Friday meal plan]

S

[Blank area for Saturday meal plan]

SHOPPING LIST

[Large blank area for shopping list]



The Unhurried Home

WEEKLY INTENTION:

/ /

THIS WEEK'S INTENTION IS:

WEEKLY REFLECTION:

WHAT BROUGHT PEACE TO MY HOME THIS WEEK?

WHAT FELT RUSHED?

WHAT DO I WANT TO PROTECT
NEXT WEEK?

ONE MOMENT I WANT TO REMEMBER FROM THIS WEEK:

"Return to your rest, O my soul, for the Lord has dealt bountifully with you." Psalm 116:7