



June 2026

The Homemaker's Notebook

WITH MELISSA RINGSTAFF



HOMEMAKERSOCIETY.COM

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	7
10	11	12	13
17	18	19	20
24	25	26	27

Monthly

TENDING LIST

JUNE 2026

I PRESS ON TOWARD THE... UPWARD CALL OF JESUS CHRIST.
PHILIPPIANS 3:14

♥ TOP THREE PRIORITIES

1		
2		
3		

♥ TENDING (TLC) TASKS FOR THE MONTH

1		
2		
3		
4		
5		
6		
7		
8		
9		
10		

♥ PERSONAL GOALS

1		
2		
3		
4		
5		

♥ WEEKLY ACTION ITEMS

WEEK: 1 2 3 4 5

	1	2	3	4	5
1					
2					
3					
4					
5					
6					
7					

A T H A N K F U L H E A R T

There is always something to be grateful for.

GIVE THANKS TO THE LORD, FOR HE IS GOOD; HIS LOVE ENDURES FOREVER.
1 CHRONICLES 16:34

S.O.A.P BIBLE STUDY

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

Scripture

What passage are you reading? Key verses?

Observation

What observations did you make during your reading?

Application

How can you apply these verses to your life?

Prayer

Prayerful response: Ask God to use His Word in your life.

SERMON NOTES

DATE: _____

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

TODAY'S AGENDA

“COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS.” PROVERBS 16:3

Date: _____

TO-DO LIST:

NOTES:

6:00 AM

7:00 AM

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

7:00 PM

8:00 PM

9:00 PM

10:00 PM

PREP FOR THE WEEK

A SIMPLE STEP BY STEP CHECKLIST TO GET YOUR WEEK IN ORDER

STEP ONE: PRAY

Spend a few moments asking God to guide you in your planning so that His will is done in your life. Also acknowledge that whatever plans you might make, He is the one in control.

“Commit to the LORD whatever you do, and he will establish your plans.” Proverbs 16:3

STEP TWO: PRIORITIZE

Write down your to-do list for the week, then prioritize each category. There are some items that will be more important than others. For example, in the errands category, stopping to pay the gas bill would be more important than checking the sale items at the craft store.

STEP THREE: SCHEDULE

After prioritizing your list, you want to check your planner for any appointments and events that are already scheduled that week. Schedule to-do list items so that they make sense. Leave room in your schedule for buffers and the unexpected. There's nothing worse than always feeling like you're rushing to get everything done.

STEP FOUR: MEAL PLANNING & PREP

Planning the week's menu can save you a lot of time and frustration before meal time.

By prepping ahead, you'll feel less stress in the morning or evenings when time is tight. You will need to have already done your grocery shopping. Prepping meals and snacks ahead of time can help you keep your healthy goals and/or lose weight.

The Menu for
THIS WEEK

MAY 31 - JUN 6

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

S

M

T

W

T

F

S

The Menu for
THIS WEEK

JUN 7 - JUN 13

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

S

M

T

W

T

F

S

The Menu for
THIS WEEK

JUN 14 - JUN 20

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

S

M

T

W

T

F

S

The Menu for
THIS WEEK

JUN 21 - JUN 27

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

S

M

T

W

T

F

S

The Menu for
THIS WEEK

JUN 28 - JUL 4

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

S

M

T

W

T

F

S

SELF CARE CHECKLIST

MAY 31 - JUN 6

M T W T F

Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

SELF CARE CHECKLIST

JUN 7 - JUN 13

M T W T F

Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

SELF CARE CHECKLIST

JUN 14 - JUN 20

M T W T F

Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

SELF CARE CHECKLIST

JUN 21 - JUN 27

M T W T F

Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

SELF CARE CHECKLIST

JUN 28 - JUL 4

M T W T F

Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

Monthly HABIT TRACKER

JUNE 2026

**I PRESS ON TOWARD THE... UPWARD CALL OF JESUS CHRIST.
PHILIPPIANS 3:14**

MY HABIT: _____

Color in the circle each time you practice your new habit.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

June is the month of
promise and the
sweet beginnings of
summer.

– Unknown





HOMEMAKING + PLANNING
**THE HOMEMAKER'S SOCIETY
PLANNER: HOME COMPANION**

**THE HOMEMAKER'S SOCIETY
HOMEMAKING PLANNER**

Simplify your homemaking with this beautifully designed printable planner! Featuring sections for daily tasks, weekly chores, routines, meal planning, and habit tracking, it's your ultimate tool for staying organized and creating a peaceful home. With inspirational Scripture and practical layouts, this planner is perfect for busy homemakers.

Download, print, and start organizing today!

AVAILABLE HERE: <https://homemakersociety.com/planner/>



HOMEMAKERSOCIETY.COM