



July 2025

The Homemaker's Notebook

WITH MELISSA RINGSTAFF



HOMEMAKERSOCIETY.COM

[illegible]

SUNDAY	MONDAY	TUESDAY
		1
6	7	8
13	14	15
20	21	22
27	28	29

WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	2		3		4		5
	9		10		11		12
	16		17		18		19
	23		24		25		26
	30		31				

Monthly TENDING LIST

JULY 2025

I PRESS ON TOWARD THE... UPWARD CALL OF JESUS CHRIST.
PHILIPPIANS 3:14

♥ TOP THREE PRIORITIES

1	
2	
3	

♥ TENDING (TLC) TASKS FOR THE MONTH

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

♥ PERSONAL GOALS

1	
2	
3	
4	
5	

♥ WEEKLY ACTION ITEMS

WEEK: 1 2 3 4 5

1					
2					
3					
4					
5					
6					
7					

GIVE THANKS TO THE LORD, FOR HE IS GOOD; HIS LOVE ENDURES FOREVER.
1 CHRONICLES 16:34

S.O.A.P BIBLE STUDY

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

Scripture

What passage are you reading? Key verses?

Observation

What observations did you make during your reading?

Application

How can you apply these verses to your life?

Prayer

Prayerful response: Ask God to use His Word in your life.

BIBLE STUDY NOTES

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

SERMON NOTES

DATE:

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

SERMON TITLE

SCRIPTURE

NOTES

S E R M O N N O T E S DATE: _____

DATE:

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

SERMON NOTES

DATE: _____

THY WORD IS A LAMP UNTO MY FEET. PSALM 119:105

TODAY'S AGENDA

"COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3

Date: _____

TO-DO LIST:

☐☐☐☐☐☐☐

NOTES:

6:00 AM

7:00 AM

8:00 AM

9:00 AM

10:00 AM

11:00 AM

12:00 PM

1:00 PM

2:00 PM

3:00 PM

4:00 PM

5:00 PM

6:00 PM

7:00 PM

8:00 PM

9:00 PM

10:00 PM

PREP FOR THE WEEK

A SIMPLE STEP BY STEP CHECKLIST TO GET YOUR WEEK IN ORDER

STEP ONE: PRAY

Spend a few moments asking God to guide you in your planning so that His will is done in your life. Also acknowledge that whatever plans you might make, He is the one in control.

“Commit to the LORD whatever you do, and he will establish your plans.” Proverbs 16:3

STEP TWO: PRIORITIZE

Write down your to-do list for the week, then prioritize each category. There are some items that will be more important than others. For example, in the errands category, stopping to pay the gas bill would be more important than checking the sale items at the craft store.

STEP THREE: SCHEDULE

After prioritizing your list, you want to check your planner for any appointments and events that are already scheduled that week. Schedule to-do list items so that they make sense. Leave room in your schedule for buffers and the unexpected. There's nothing worse than always feeling like you're rushing to get everything done.

STEP FOUR: MEAL PLANNING & PREP

Planning the week's menu can save you a lot of time and frustration before meal time.

By prepping ahead, you'll feel less stress in the morning or evenings when time is tight. You will need to have already done your grocery shopping. Prepping meals and snacks ahead of time can help you keep your healthy goals and/or lose weight.

Weekly

PREP CHECKLIST

JUN 29 - JUL 5

**"COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3**

DEAR HEAVENLY FATHER, I COMMIT TO YOU THIS WEEK...

TO DO LIST FOR THIS WEEK

WHAT TO PREP THIS WEEK

- ☐ PRIORITIZE TO DO LIST
- ☐ CHECK SCHEDULE
- ☐ MENU PLAN FOR WEEK
- ☐ PREP & PACK LUNCHES
- ☐ CHOP VEGETABLES
- ☐ PREP FRUIT AND SNACKS
- ☐ PREP FOR BREAKFAST
- ☐ PREP MEALS FOR SUPPER
- ☐ LAYOUT CLOTHES

Weekly

PREP CHECKLIST

JUL 6 - JUL 12

**"COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3**

DEAR HEAVENLY FATHER, I COMMIT TO YOU THIS WEEK...

TO DO LIST FOR THIS WEEK

WHAT TO PREP THIS WEEK

- ☐ PRIORITIZE TO DO LIST
- ☐ CHECK SCHEDULE
- ☐ MENU PLAN FOR WEEK
- ☐ PREP & PACK LUNCHES
- ☐ CHOP VEGETABLES
- ☐ PREP FRUIT AND SNACKS
- ☐ PREP FOR BREAKFAST
- ☐ PREP MEALS FOR SUPPER
- ☐ LAYOUT CLOTHES

Weekly

PREP CHECKLIST

JUL 13 - JUL 19

**"COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3**

DEAR HEAVENLY FATHER, I COMMIT TO YOU THIS WEEK...

TO DO LIST FOR THIS WEEK

WHAT TO PREP THIS WEEK

- ☐ PRIORITIZE TO DO LIST
- ☐ CHECK SCHEDULE
- ☐ MENU PLAN FOR WEEK
- ☐ PREP & PACK LUNCHES
- ☐ CHOP VEGETABLES
- ☐ PREP FRUIT AND SNACKS
- ☐ PREP FOR BREAKFAST
- ☐ PREP MEALS FOR SUPPER
- ☐ LAYOUT CLOTHES

Weekly

PREP CHECKLIST

JUL 20 - JUL 26

**"COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3**

DEAR HEAVENLY FATHER, I COMMIT TO YOU THIS WEEK...

TO DO LIST FOR THIS WEEK

WHAT TO PREP THIS WEEK

- ☐ PRIORITIZE TO DO LIST
- ☐ CHECK SCHEDULE
- ☐ MENU PLAN FOR WEEK
- ☐ PREP & PACK LUNCHES
- ☐ CHOP VEGETABLES
- ☐ PREP FRUIT AND SNACKS
- ☐ PREP FOR BREAKFAST
- ☐ PREP MEALS FOR SUPPER
- ☐ LAYOUT CLOTHES

Weekly

PREP CHECKLIST

JUL 27 - AUG 2

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AND HE WILL ESTABLISH YOUR PLANS." PROVERBS 16:3**

DEAR HEAVENLY FATHER, I COMMIT TO YOU THIS WEEK...

TO DO LIST FOR THIS WEEK

WHAT TO PREP THIS WEEK

- ☐ PRIORITIZE TO DO LIST
- ☐ CHECK SCHEDULE
- ☐ MENU PLAN FOR WEEK
- ☐ PREP & PACK LUNCHES
- ☐ CHOP VEGETABLES
- ☐ PREP FRUIT AND SNACKS
- ☐ PREP FOR BREAKFAST
- ☐ PREP MEALS FOR SUPPER
- ☐ LAYOUT CLOTHES

JUN 29 - JUL 5

THE DAILY EIGHT

1 2 3 4 5 6 7

Make Beds

Complete Load of Laundry

Sweep Floors / Vacuum

Tidy Kitchen

Wipe Down Bathrooms

Straighten House

10 Minute Declutter

Take Out Trash

REMEMBER

WEEKLY CHORES

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TO DO LIST

HABIT TRACKER

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MORNING ROUTINE

AFTERNOON ROUTINE

EVENING ROUTINE

JUL 6 - JUL 12

THE DAILY EIGHT

1 2 3 4 5 6 7

Make Beds										
Complete Load of Laundry										
Sweep Floors / Vacuum										
Tidy Kitchen										
Wipe Down Bathrooms										
Straighten House										
10 Minute Declutter										
Take Out Trash										
REMEMBER									WEEKLY CHORES	
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									TO DO LIST	
HABIT TRACKER	S	M	T	W	T	F	S			
MORNING ROUTINE	AFTERNOON ROUTINE				EVENING ROUTINE					

JUL 13 - JUL 19

THE DAILY EIGHT

1 2 3 4 5 6 7

Make Beds						
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10 Minute Declutter						
Take Out Trash						

WEEKLY CHORES

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TO DO LIST

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AFTERNOON ROUTINE

EVENING ROUTINE

JUL 20 - JUL 26

THE DAILY EIGHT

1 2 3 4 5 6 7

Make Beds						
Complete Load of Laundry						
Sweep Floors / Vacuum						
Tidy Kitchen						
Wipe Down Bathrooms						
Straighten House						
10 Minute Declutter						
Take Out Trash						

WEEKLY CHORES

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TO DO LIST

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AFTERNOON ROUTINE

EVENING ROUTINE

JUL 27 - AUG 2

THE DAILY EIGHT

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REMEMBER

WEEKLY CHORES

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TO DO LIST

HABIT TRACKER

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MORNING ROUTINE

AFTERNOON ROUTINE

EVENING ROUTINE

The Menu for THIS WEEK

JUN 29 - JUL 5

BLESS THE FOOD BEFORE US, THE FAMILY
BESIDE US, AND THE LOVE BETWEEN US.
AMEN.

SHOPPING LIST

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The Menu for THIS WEEK

JUL 6 - JUL 12

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SHOPPING LIST

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SELF CARE CHECKLIST

JUN 29 - JUL 5

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Start my day with God.

Drink water.

Take a shower or bath.

Eat a healthy breakfast.

Talk to a loved one.

Listen to uplifting music.

Get my body moving.

Take my vitamins.

Do something that makes me happy.

Take time to laugh.

Go outside and enjoy the sunshine.

Write in my journal.

Think of three things I'm grateful for.

Get enough sleep.

SELF CARE CHECKLIST

JUL 6 - JUL 12

M T W T F

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Monthly HABIT TRACKER

JULY 2025

**I PRESS ON TOWARD THE... UPWARD CALL OF JESUS CHRIST.
PHILIPPIANS 3:14**

MY HABIT: _____

Color in the circle each time you practice your new habit.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

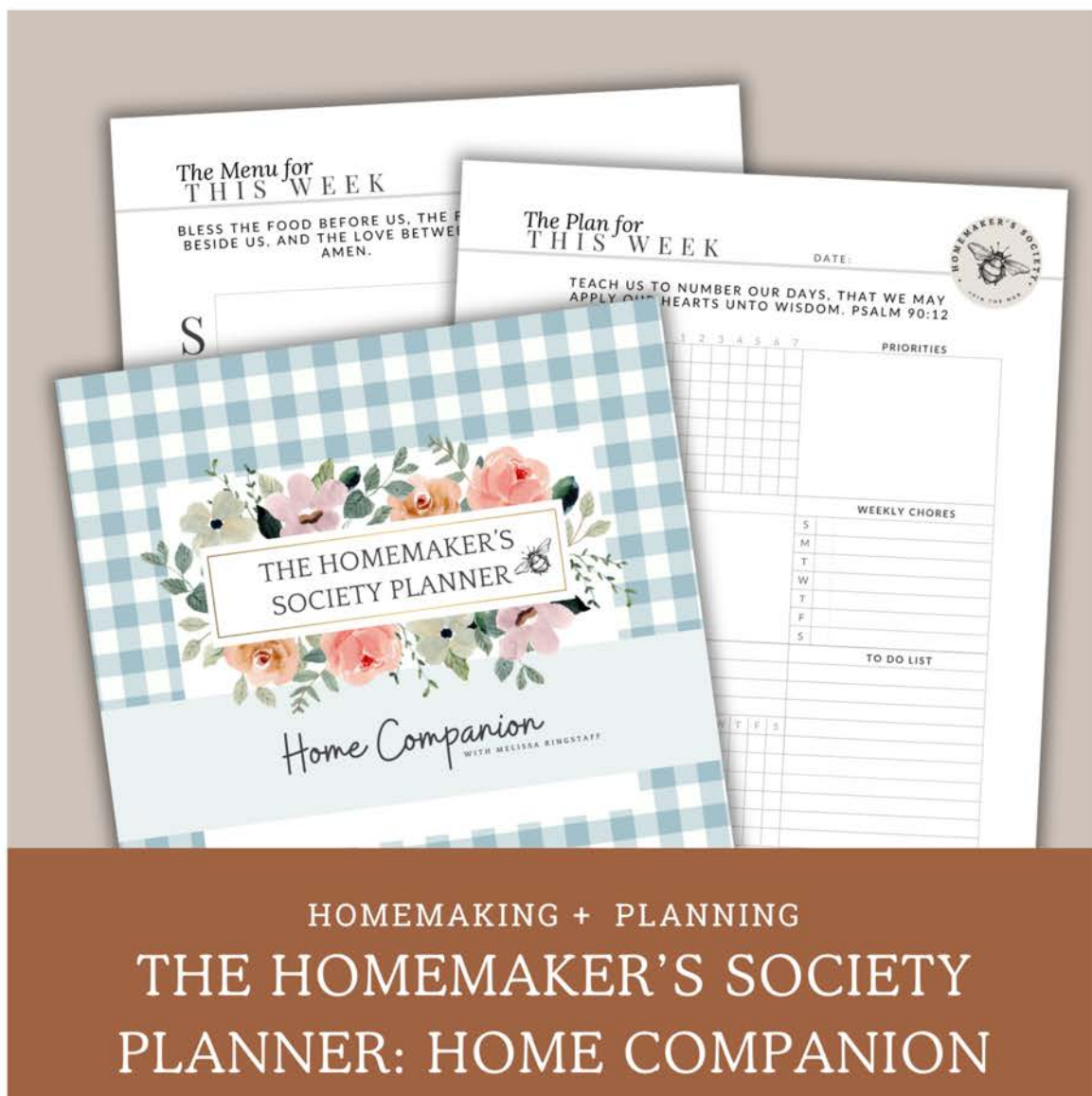
**“COMMIT TO THE LORD WHATEVER YOU DO,
AND HE WILL ESTABLISH YOUR PLANS.” PROVERBS 16:3**

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AND HE WILL ESTABLISH YOUR PLANS.” PROVERBS 16:3**

*"I drifted into a summer
nap under the hot shade
of July, serenaded by a
cicada lullaby, to
drowsy-warm dreams of
distant thunder."*

—TERRI GUILLEMETS





HOMEMAKING + PLANNING
**THE HOMEMAKER'S SOCIETY
PLANNER: HOME COMPANION**

THE HOMEMAKER'S SOCIETY
HOMEMAKING PLANNER

Simplify your homemaking with this beautifully designed printable planner! Featuring sections for daily tasks, weekly chores, routines, meal planning, and habit tracking, it's your ultimate tool for staying organized and creating a peaceful home. With inspirational Scripture and practical layouts, this planner is perfect for busy homemakers.

Download, print, and start organizing today!

AVAILABLE HERE: <https://homemakerssociety.com/planner/>



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